

# A day of social platforms



We often use a multitude of social platforms throughout our days. The way that they're used varies depending on factors like our state of mind, where we are, the situations we find ourselves in, the content we come across, the people we're interacting with and the platforms we happen to be drawn to or prompted to open. This probe asks you to map out your experiences with social platforms across a whole day from when you first pick up your devices to when you put them down at the end of your day. In doing so, try to include as much detail about the context of where you're at (mentally and physically) as you do about what you're doing on each social platform you cross paths with.

## Instructions

Annotate the timeline with how you use social platforms over the course of a day. You might like to do this for multiple different days and there's a few sheets provided to allow you to do this. Include the date and a legend in the top left if you want to make use of the coloured dots or draw your own symbols.

Things you might want to include:

- Which social platforms you're using and when
- What triggered you to use that social platform at that moment
- What/when you post
- Who you're interacting with if there's a specific person or group
- Where you are and what else you're doing
- How you're feeling